IMSUT Hospital

Department of Nursing 看護部

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The Department of Nursing aims to contribute to the medical team by providing high-quality patient-centered nursing care in order to respond to diversifying needs in line with changes in social conditions and advances in medicine. In 2023, the epidemic of the new coronavirus infection has subsided, and the nursing department structure has been changed in order to contribute to the maintenance of the medical care system.

In January 2023, the eighth wave of the new coronavirus infection (COVID-19) caused nurses to be infected, and clusters occurred, but they were contained within a week. Since then, the number of hospitalized patients due to COVID-19 and the number of staff infections have gradually decreased, and by February, no patients were hospitalized. Since May 8, the classification of COVID-19 infectious diseases has been shifted from Category 2 to Category 5, and measures against nosocomial infections have been relaxed.

However, due to the impact of the medical system on COVID-19 over the past three years, the number of nurses leaving their jobs and taking leave has increased, and this fiscal year has been decided to start with 20 fewer nurses than usual. Thirteen nurses had retired by September, including nurses who had extended their retirement dates and temporary nurses. In order to secure human resources, the Nursing Department Management Office engaged in various re-

cruitment activities, such as the use of temporary staffing and recruitment agencies and nurse recruitment sites. As a result, applicants began to gather around July, and seven nurses were secured as of January 2024. During this time, we have been able to maintain medical and nursing services by dispatching support from other departments to wards that are understaffed.

In addition, due to a shortage of human resources, it became impossible to maintain the facility standard of 7:1 for the allocation of nurses for the basic hospitalization fee, and it was decided to make the 4th floor ward and the 5th floor ward one nursing unit, making it a three-ward system. From June, we tried to operate the department as a ward on the 4th and 5th floors. At first, the nurses complained, but the nurse heads of the two wards took time to talk with the nurses and listen to their thoughts. Arrangements were made so that nurses could experience working in both wards,

and by October it was back on track as a ward on the 4th and 5th floors. This achievement is thanks to the cooperation of the head nurses and nurses of the 4th and 5th floor wards.

With regard to medical and nursing services, due in part to the influence of the super-aging society, the number of hospitalized patients with deterioration in activities of daily living and cognitive ability has increased, and the number of patients who meet the end of their lives at our hospital has increased. As a result, psychological support for patients, daily life support, and monitoring to prevent falls and falls have become the main focus of nursing, and the mental burden is also large. There were also more opportunities to hold conferences with doctors, pharmacists, and other professionals on support for life after discharge. In recuperation, nurses are involved in nursing care while cherishing the time that they feel is good for the patient and their family. Sometimes, I would say, "I'm glad I was hospitalized here."

The number of surgeries has also increased overall, with an increase in the number of total cystectomy and ileal duct rearrangement in urology, as well as an increase in opportunities to be involved in postoperative stoma care. Sponsored by related departments, we held a study session on stoma care by a nurse who is Certified Nurse in Wound, Ostomy and Continence Nursing, and we were able to give back to the nursing of patients. It was also useful for the learning of nurses in other departments. Overall, a system has been established in which nurses are prepared for practical skills by holding study sessions in each department before engaging in new medical care and nursing.

This year, as part of our social contribution and nurse training, we accepted clinical nursing training for nursing students and training to support nurses returning to work after leaving their jobs. The clinical nursing training was highly evaluated by nursing students and faculty members, and the return-to-work support training was well received, so it was decided to continue it in the next academic year. Through this experience, the nurses were given the opportunity to improve their training skills and think about career development.

Publication

- ・嶋津千陽、山口恭子: "臓器のきゃら"と一緒に学ぶ! 消化器解剖と病態生理 消化器ナーシング vol.28 NO.4 P.16-28、メディカ出版 2023
- ・村松言子、真田ひかる: "臓器のきゃら"と一緒に 学ぶ!消化器解剖と病態生理 消化器ナーシング vol.28 NO.4 P.64-75、メディカ出版 2023

Conference Presentation

- ・小粥美香、山口恭子、竹谷英之、血友病性股関節 症による手術に対する手術室看護師の支援状況、 第45回日本血栓止血学会学術集会、北九州国際会 議場、2023. 6. 15-17
- ・砂田純子、入院時から市中感染型MRSAを想定した治療を行い奏功したHIV感染者における蜂窩織炎の一例、第32回日本創傷・オストミー・失禁管理学会学術集会、仙台国際センター、2023.7.8・9
- ・野口麻衣子、山花玲子、砂田純子、「専門性の高い看護師による訪問看護師への遠隔相談の試行と 実用可能性の検討」、第13回日本在宅看護学会学 術集会、クロス・ウェーブ船橋、2030.11.18・19
- ・上山美香、中澤光子、中川沙織、織田ひとみ、千葉陽子、中村智子、砂田純子、当院においてHIV薬を特攻性注射薬に変更した患者の反応について、第37回日本エイズ学会学術集会 2023.12.3-5